

# MILE -A- MINUTE QUILT

60 " X 60 "



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# MILE - A - MINUTE

## REQUIREMENTS:

1 X AMAFU colour family roll  
1.5 m x 150cm wide fabric for borders  
and sashing  
.25cm for contrast border

Neutral thread for piecing

This is a great weekend quilt , IT should take about 7 hours to finish the top and 3 or four hours to quilt it.

## CUTTING:

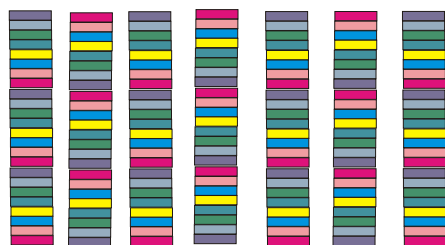
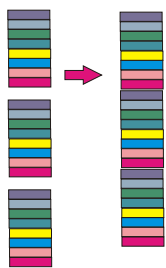
Place all 8 fat quarters in a pile in the sequence you wish to piece them.

Cut the entire roll into 2 ½ inch strips. You should have 7 groups of 2 ½ inch strips + a small amount of scrap.

Cut 8 X 2 ½ inch strips from your border fabric - across the fabric and set aside.

## ASSEMBLY:

Take one group of fat quarter strips and sew together on the long sides, recreating a fat quarter. Press seams to one side. Repeat with all the groups. Cut each group into 5 ½ inch strips. You should have 3 strips. Sew each strip together as per diagram.



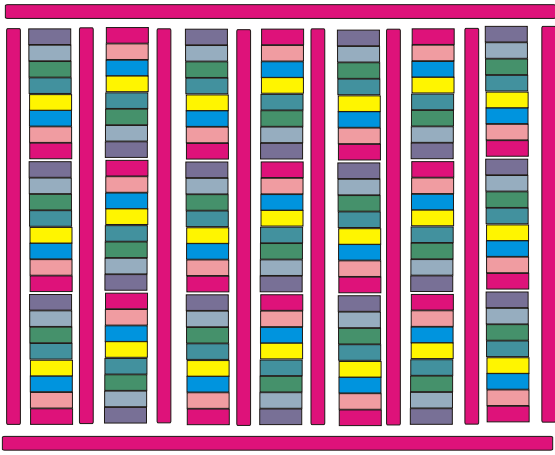
Pin up on a design wall and flip flop every alternate row so that it looks like the diagram above.



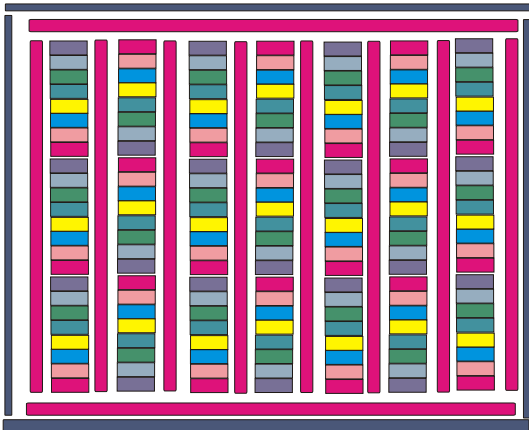
Measure each strip and take the shortest measurement.

Cut all 8 sashing strips to that length.

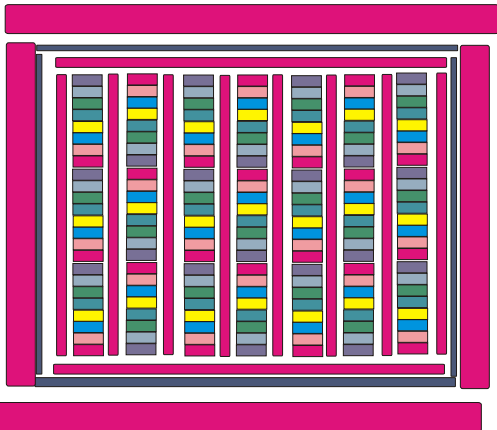
Pin sashing strips to pieced strips and sew. Press all seams to one side.



Once you have joined all the strips and sashing together as per diagram, measure the 2 longest sides. They should be the same measurement. If not, take the shortest measurement and cut two more sashing strips, 2 ½ inches wide. Pin and sew into place.



Measure the 2 shorter borders and cut two strips 1 ½ inches wide and the length of the shorter side from the contrast fabric. Pin and sew into place. Repeat for the two longer borders.



Measure the 2 shorter borders and cut two strips 3 ½ inches wide and the length of the shorter side from the contrast fabric. Pin and sew into place. Repeat for the two longer borders.

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